Spotting Rooms for the Dignity of Jomblo in Higher Education

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ABSTRACT: This research aims to see the extent of perception, stigma and behavior of someone who holds the status of single. The research subjects consisted of students and those who have worked in a company. The stigma of being single can lead a person to be traumatized, less confident, aloof and powerless over themselves and outside themselves. Nonetheless, the four research subjects described being single as activity, creation, self-development, strengthening of the main self and carrying oneself through a good response to something that appears outside oneself. This study is a qualitative research by considering the case of singles, happiness, and unrest through literature review. The literature review comes from journals of recent findings as a secondary source in a study. The statement of this research is that being single is not only a choice, but the ability to build self and dignity in a process and inherent. The results showed that the four research subjects were able to resist stigma with constructive work in the classroom or at work as a stabilization of self-recognition to exist on the onslaught of stigma.

Keywords: Dignity, Higher Education, Jomblo, Spotting Rooms, Trauma

INTRODUCTION

Somebody who doesn't have a partner then why should be bothered to be virtuous. In order to respond to this question, let's go back to understanding what morality means and why it is necessary to be moral. Jomblo is usually referred to as single or singled. The term singles is quite often used by Indonesian people. Although not a standardized word, the term singles is often found both in direct conversation and in cyberspace (Apandie & Rahmelia, 2020, 2022; Apandie, Rahmelia, Risvan, & Kodun, 2022; Casey, Novick, & Lourenco, 2021; Khanolainen et al., 2023; Morgan, 2023; Riordan, 2021). This term comes from the word jomelo which means old girl which then changes its meaning to jomblo which means someone who does not have a partner.

Those whose status as singles caused by conditions that do not make them have a partner who is indeed of their own will or choice not to have a romantic relationship with someone else. Those who are single due to circumstances are usually assumed to be who do it themselves inability to
build relationships with others, less attractive and pathetic (Faot & Hutapea, 2022; Howlett, 2023; Hutapea, n.d.; Hutapea & Yusuf, 2023; Supriatin et al., 2021; Triadi et al., 2022). Meanwhile, someone whose decision to be single is considered to be his or her own final self or only concerned with his or her own interests.

Singles setting is quite often considered ugly or unattractive to others. This condition is then combined with loneliness, unhappiness, lack of self-confidence, unintelligent looking for a companion, but can’t is a situation singularly and mainly (Darnita & Triadi, 2022; Dela, Kristina, Rahayu, Putri, & Afriliandi, 2022; Prasetiawati, 2020; Rahmelia & Prasetiawati, 2021; Rahmelia, Prasetiawati, Surya, & Politon, 2023; Salmi, Hienonen, Nyman, Kaasinen, & Thuneberg, 2023; Triadi et al., 2022). a term Singles seem to be popular in various discussion venues to remove the negative stigma associated with one person Insults and jokes about the supposedly miserable state of one person as usual on social networks In addition, don't take it personally It also happens directly in the chat rooms of romantic relationships. The closest people often try to offer help in finding friendship, even if not asked (Nugrahhu, Sulistyowati, Utami, & Ernest, 2023; Sulistyowati, Nugrahhu, & Utami, 2021; Utami, 2022; Wulan, 2005; Wulan & Sanjaya, 2022). It is impossible that it is immediately assumed or his unmarried friend or relative can find a soul mate.

Current stigma realities related to singles make this research interesting to do (Fitriana, Elisabeth, Esa, Nopraeda, & Munte, 2023; Hasan et al., 2023; Kurniati, Munte, & Simanjuntak, 2023; Manik et al., 2023; Riska, Liansih, Gustinia, & Munte, 2023; Sulistyowati, Munte, Silipta, & Rudie, 2022). It feels like a person's experience related to social stigma can be explored in depth with the answers experienced or done by the subject. Described also the actual condition of the subject of stigma can be compared to people believe they are singles Indeed (Malau, 2021, 2023; Munte, Natalia, Magdalena, Wijaya, & Malau, 2023; Wirawan, Maling, Malau, & Ullo, 2023). This research is expected to be one of the motivations that motivate us to do more to realize the stigma that is commonly attached to individuals and what its impact is. Thus kindly The level of stigma may be reduced in the future and the contempt in society to people who remain celibate.

METHOD

The research used a qualitative method using a literature review model. This literature review uses secondary sources from national and international reputable journals as part of previous research. In addition, the researcher relates, elaborates, distances, and reflects on the stigma of someone who is single. In addition, the researchers also studied the conditions actually experienced by the subject so that the stigma could be compared to coexist with the real conditions of the object. Indeed, the subject was able to share his experience about the actual stigmatization of individuals because the subject still felt it until the data collection or interview process would take place. Other conditions include: having experienced the stigma or humiliation of others related to their singlehood.

The research subjects consisted of three people from Palangka Raya. All three are eighteen years old. The three research subjects named Alhgyha, Shktzta, and Ylchy (not their real names) come from the Dayak tribe, specifically the Ngaju Dayak. Data collection techniques in this study used
semi-structured interviews. The interviews were conducted online via mobile phone in September 2023 in Palangka Raya. The selection of time and place was based on the agreement between the researchers and the research subjects. During the interview process, the researchers took sound using a sound recorder on the researcher's cell phone with the subject's consent. This was done to facilitate the process of making interview transcripts and to avoid writing errors or incomplete data being reported.

Critical discourse analysis technique used to analyze the data collected by the researchers. Identify the discourse, i.e. the ideas or assumptions behind the phenomena studied. Then analyze the subjectivity activated by the conversations occurring in these phenomena. Next, explore the actions or consequences that may occur or may be limited in the context of the subjectivity of the existing discourse. After that, determine alternative discussions or objections that can disrupt the conversation that dominates this research is the actual state of an object that does not exist according to the current stigma.

RESULT AND DISCUSSION
Currently the subject does not have a partner or is single. Previously the subject had never dated until now. For several months the subject decided to remain single by his own choice. Although the subject has hopes of getting a partner, the subject feels that he has yet to find someone who matches his criteria.

The subjects are students in Kota Palangka Raya. Currently the subject lives in one of the boarding houses in Kota Palangka Raya quite close to campus (Amiani, 2022; Awak, Maling, Putri, Kladit, & Prihadi, 2023; Munte, 2022, 2023; Munte & Korsina, 2022; Munte, Saputra, & Guilin, 2023; Nopitri & Irdayani, 2023; Pengky, Octavia, Seruyanti, Endri, & Munthe, 2023; Putri, Suriani, Sefle, & Munte, 2023; Siburian, Amiani, & Munthe, 2023). In addition, the subject also claimed to be still focusing on his personal priorities such as pursuing his career and goals. Thus, according to the subject, single status is not a misfortune but has indeed become a choice taken by the subject.

One of the researchers' questions was to ask to what extent the participation of envy seeing their friends already have a partner even though they are still in the student category and to what extent the happiness of being a single person. The first research subject, Alhgyha, who came from Palangka Raya, said,

"kalo iri pasti ada, cuman gak sampe iri hati juga sib.. yang bikin aku bahagia sib, kebahagiaan misalnya kita kalo pacaran itu ngerasa dilarang-larangkan.. nah kalo jomblo kan kita punya kebebasan untuk mengekspresikan keinginan kita sendiri.. aku ngabisin waktu luang aku sib dengan sibuk ngampus, hangout sama teman-teman"

Alhgyha/wwcr/03102023

Based on Alhgyha's thoughts, single status becomes essential when dating becomes a system that prohibits each other from certain things. According to the researcher, this prohibition is necessary as a boundary and understanding of dating as a work and study partner (Simanjuntak, 2019; Telhalia, 2016, 2023; Telhalia & Natalia, 2021, 2022; Wainarisi, Wilson, Telhalia, Aloysius, & Neti, 2023). Actually, not only singles get happiness or freedom. Dating subjects also deserve the same
treatment. The problem is that in Indonesia, there are many cases of violence, including psychological violence, which makes dating meaningless.

Next, the researchers asked a question similar to the previous question about life balancing in dating. The subject who came from the Dayak tribe said,

"Hal yang aku nikmati yaitu dengan pikiranku yang positif, kan biasa nya orang yang pacaran itu selalu overthinking mikir yang aneh-aneh. Kayanya aku lebih mikir fokus ke diri aku sendiri karna kan kalo kita bikin diri kita lebih baik pasangan tu akan datang dengan sendirinya ehnakssss"

Alhgyha/wwcr/03102023

Based on Alhgyha's thinking, a balanced life (daily work and college) when located with no more burden on the mind and thoughts that are divided between college, work and dating. In addition, Alhgyha's futuristic view indicates that Alhgyha (not her real name) sees the future by working on it in the present. As much as today's efforts are decisive in the future as well as a source for others to think the same and look for an ideal partner in accordance with the vision and mission of dating and marriage (if the goal is towards marriage).

In addition, Alhgyha's thoughts indicate that one of the goals of gender is to find an ideal partner while thinking critically about the future by idealizing and considering subject autonomy (access to work, income, division of labor, and access to life). In addition, such thinking indicates that readiness and maturity of thought are important as standards of social life.

Researchers sought further information relating to trauma, Alhgyha, the 19-year-old subject said,

"Iya trauma ada, emm trauma [trauma] yang saya alami saya pernah diselingkuhin, jadi dari situ saya merasa apa ya yang kurang dari diri saya ini, jadi kaya apa yang perbaiki dari diri saya ini biar ga terjadi lagi nanti, jadi rasa nya tu kaya belum siap buat nerima orang baru takut kejadian seperti itu lagi..

Alhgyha/wwcr/03102023

Alhgyha when talking about trauma as something that is cheating. Based on the thoughts, understanding and experiences of Alhgyha's friends, it indicates that cheating is a big deal, leading to an attitude of fear as well as deciding on a readiness. On the one hand, such an attitude according to the researchers is important to seek self-readiness, independence, and mental readiness. On the other hand, trauma recovery cannot be resolved in a short time.

In addition, researchers dug further data in the event that the research subject did not get a partner who was not of the same faith and work when he was in a state of restlessness and loneliness, the first research subject said,

".. ya kalo misalnya dapat yang ga seiman, ya jauhin sib dari pada ga pasti juga kan, kan sudah belajar dari yang lalu.. Em aku kalo kesepian atau bosan aku lebih milih tidur, terus kalo aku sudah bangun tidur kaya ngerasa enak gitu"

Alhgyha/wwcr/03102023
Based on Alhgyha's thinking, the ideal partner is a partner of the same faith, a partner who has one religion. Both men and women. Nonetheless, there are still many further conversations about or the term faithful itself (Pattiasina, Susanto, & Pradita, 2022; Pradita, 2021; Pradita & Veronica, 2023; Susila, 2022c, 2022a, 2022b; Susila & Pradita, 2022; Susila & Risvan, 2022; Teriasi et al., 2022). For example, if examined further from the experience of marriages of believers and non-believers, the extent to which the level of violence occurs for couples who are of the same faith, the extent of violence and the level of gender equality for couples who are not of the same faith and vice versa (Erika, Lukas, Debi, Kosdamika, & Rijaya, 2023; Ligan, 2022; Loheni et al., 2023; Lumbanraja, 2021; Triadi et al., 2022). The phenomenon of believing and non-believing conversations is a never-ending conversation to the extent that the laws and regulations of non-believing couples are still in the gray space or in vague webs.

The second research subject, Shktzta (not her real name), informed us about freedom, dating and restraint. Shktzta informed us,

".. emmm, aku bisa bebas ngelakuin suatu hal yang aku mau gitu tanpa harus dikekang kaya gitu"
Shktzta/wwcr/03102023

Shktzta added,

"aaa, aku kumpul sama keluarga, terus aku babisin waktu dengan nonton movie atau drama gitu"
Shktzta/wwcr/03102023

One of the key questions about the value of equality that the researcher asked was to what extent the 19-year-old research subject was aware of freedom, independence and non-dependence. Shktzta said,

"yang aku nikmati aku bebas ga harus bergantung sama cowo.. mm ga selalu gitu sib cuma, kya kebanyakan gitu kalo kita punya cowo kalo kita jalan kita tu kaya harus ngabarin terus gitu.. aku lebih fokus sama diriku sendiri, dan belum ada kepikiran buat cari pasangan, santai ajaaaa"
Shktzta/wwcr/03102023

As far as the research subject who comes from the Dayak Tribe survives in a status called single, the research subject emphasized,

"rencana nya sampai aku lulus kuliah sib, setidaknya sampai aku dapatin gelarku dulu labb.. emmm iya punya, impian aku sib nanti bisa sama-sama lakuin hal yang positif, terus dia bisa bimbing aku.. aku mendefinisikan hubungan aku nanti mungkin dengan percaya kaya gitu, terbuka, selalu ngajak ke arah hal yang positif gitu itu sib.. pastinya saling percaya dan terbuka"
Shktzta/wwcr/03102023

Based on Shktzta's thinking, dreams, the future, a college degree are tools to support positive activities for subjects who hold single status. All subjects who are still students or are still students crave ideal answers as a normalization of self-reliance, family, and colleagues (Keristina et al., 2023;
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Saputra, Fransiska, Dina, Sihombing, & Eric, 2023; Seruyanti, Sihombing, Hanriani, Aditia, & Wahyunisa, 2023; Sihombing, 2015, 2022; Suriani & Betaubun, 2022; Tamara, Ramada R, Saras, Ronaldo, & Abidondifu, 2022; Tedy, Stevani, Tamara, & Yuliani, 2023; Wainaris, 2021b, 2021a).

However, what was highlighted by researchers was that when Shktzta talked about guidance from her partner, it became crucial to examine the extent to which the word guidance was acceptable to Shktzta. Many things in the form of goods and services are sacrificed to get a degree, a dream of work as the light of the future (Andiny, 2020, 2023; Tanyid, 2019; Wirawan, 2021; Wirawan et al., 2023). So, there are certain subjects who think that to get it, there is no need or necessity to date, regardless of whether the girlfriend is a partner or a fixation of constructive activities.

Researchers assume that guidance is acceptable as long as there is consent from Shktzta and Shktzta really asks for direction and input as a partner, not as or in a subordinate position in a domination and hegemonial setting. Guidance as coordination as well as an important space for sharing places, spaces, thoughts and sharing work or roles. Thus, the relationship becomes egalitarianist when everything is placed in a balanced space.

Sharing joy is one of the dreams of everyone, not just certain groups, without exception for someone who is still single. Happiness has a variety of views, management, and can be a tool to achieve something (Langi et al., n.d.; Pongoh, n.d., 2022a, 2022b, 2023; Rahmelia, Haloho, Pongoh, & Purwantoro, 2022; Suratinoyo, Pongoh, & Langi, 2019). The authors, through this section, want to emphasize and examine the understanding of bahaga from the perspective of singles, namely through Ylchy (not her real name). Ylchy, the 19-year-old research subject said,

"Bahagia saat jomblo bagi ku bisa menikmati semua makanan dalam lemari tanpa harus berbagi baba canda-canda yaa bahagia sekali ka tidak ada beban dan larangan dari siapa pun.. yang terbaiknya adalah bebas menentukan kapan aku mau bangun tidur tanpa pertimbangan siapapun.. saat ini, aku fokus dengan diri sendiri dan fokus kerja itu ja aku udah merasa kaya sedang berkencan dengan diri sendiri babaha.. keseimbangan itu seperti mencoba mencari unicorn, sulit! baba, Tapi aku berusaha memberikan waktu yang adil untuk semuanya anjiyppy"

Ylchy/wwwcr/03102023

Based on Ylchy's thoughts, whilst happily-though in the category of narrative, the researchers found a hidden meaning that either for those who are single or in a relationship, happiness is crucial and valuable. Whether it lies within oneself or in some effect that is beyond one’s reach. In addition, Ylchy speaks of burden. Disappearance of burden here indicates that the burden itself has a level of complexity and transcends time and space as well as one’s status.

"ya, aku mau menemukan seseorang yang bisa menjadi rekan dalam petualangan hidup hah.. hubungan yang sehat itu di mana kita bisa menjadi diri sendiri tanpa takut dihakimi dan selalu merasa didukung.. kejujuran dan kemampuan untuk saling mendengarkan adalah hal yang sangat penting.. aku biasanya kerja kalo ga kerja ,menonton film komedi lucu untuk mengusir kesepian dan push rank"

Ylchy/wwwcr/03102023
According to researchers, Ylchy’s thoughts on life adventures are a privilege for relationships that lead to mental strengthening. Mental strengthening becomes a freedom from fear of something that comes to oneself and the world around. In addition, the moral value of the subject who gets the title of single is the ability of the subject to live honestly with himself in front of other people or people who are not even known. Hobbies are also able to influence the singles who are self-sufficient and dwell on themselves. In addition, the important value that Ylchy conveys is the presence of self to listen to others, complain or share joy, and vice versa. Based on the values of the wholeness of someone who is single, researchers argue that indeed these values can be found from couples who are still dating or married, couples who have broken up or separated. However, based on the thoughts that are narrated through or based on freedom, researchers argue that these values become solid in themselves.

“.. aku mau bepergian ke beberapa tempat eksotis dan mengumpulkan banyak cerita untuk dengan pasangan masa depan ku nanti eyaa.. aku bicara dengan teman-teman dan melakukan olahraga untuk menjaga kesehatan mental dan emosional ku.. tapi untung nya saat ini mental dan emosional ku aman aman saja baba”

Ylchy/wwcr/03102023

Ylchy added,

“.. aku percaya ada sedikit takdir, tetapi kita memiliki peran dalam membentuk nasib cinta kita sendiri.. cinta pada pandangan pertama itu kek tumbuhan kaktus, bisa tumbuh dengan cepat tetapi butuh perawatan ekstra anjayy.. ya, ketika aku pertama kali berhasil menaikan pangkat rank bersama seseorang yang aku kagumi.haha.. aku mau main game video bersama, terutama game moba yang seru”

Ylchy/wwcr/03102023

Ylchy chimed in

“aku mengundang teman-teman nyantai di RC wkwk.. jangan terlalu khawatir tentang status jomblo. Manfaatkan waktu ini untuk mengejar passion dan menjalani hidup dengan bahagia anjayy.. aku mencari seseorang yang bisa menjadi teman sejati dan siap menghadapi petualangan hidup bersama.. kesuksesan dalam cinta bagi aku adalah ketika aku merasa diterima apa adanya dan bahagia dengan pasanganku.. ya, aku sib percaya cinta sejati itu ada, contohnya ja kam baba awet sampai sekarang sama kevin.. aku bilang sama mereka untuk tidak khawatir, aku tahu apa yang lakukan, dan aku akan berkencan/jalan kalo saat merasa siap.. da kaa.. Film "500 Days of Summer" yang mengajari tentang kompleksitas hubungan dan harapan bababa.. aku merayakannya dengan menghabiskan duit hasil kerjaku sendiri terus jalanke tempat yang belum pernah kudatangi.

Ylchy/wwcr/03102023

Next research subject, researchers continued the interview with Adthzh, the 20-year-old subject as well as being from Dayak Ngaju said,

“belum Mik masih malas nyari soalnya masih belom dapat yang pas.. aku bahagia saat jomblo karena karna aku bisa tidur dalam posisi "bintang laut" di tempat kasurku tanpa ada yang
Adthzh/wwcr/03102023

Adthzh, the university student, revealed,

“hubungan yang sehat tu yang kasih kita ruang untuk tumbuh dan menjadi diri sendiri, sekaligus merasa nyaman seperti saat memakai Piyama di rumah ya lo Mik wkwk.. kejurnan dan kemampuan untuk ngakak sama-sama, terutama ketika kita salah memanggil orang baba.. aku biasanya kerja sib Mik jadi ga pernah ngerasa sepi karena waktuu habis habis buat kerja..”

Adthzh/wwcr/03102023

Adthzh viewed that healthy relationships both for those who have been dating, or not yet and or those who are married are located and are in a network or circle of healthy relationships, building each other and like their own homes (PAHAN, PRAKOSA, Teol, & SATU, 2014; Sanasintani, 2020; S. Sanasintani, 2022; S. P. Sanasintani, 2020; Sriwijayanti, 2020, 2023). Home itself analogizes freedom within oneself, especially for subjects who are single to find and spend time alone and together as a creative space.

Adthzh holds the view that fondness, laziness, happiness, work, free time, self, cuteness and dreams are hopes, works, as well as feelings that are intertwined to emerge for a free, dignified single figure. Dignity becomes essential in a decision, a development that passes within oneself. Dignity does not recognize the term envy or malice as long as the meaning of singles lies and coexists with the spirit of balance (E Mariani, Rina, Sarmauli, Windarti, & Ming, 2023; Evi Mariani, 2020, 2022; Sarmauli & Pransinartha, 2022; Sriekaningsih, Sarmauli, & Yovania Karubaba, 2019). Dignity here is defined as the ability to empathize, negotiate and bring about changes within oneself, which then overflow out as an action and space for transformation.

“aku sib mik mau ngumpulin uang banyak-banyak dulu sebelum berkomitmen.. yaa fakta itu Mik baba.. aku jaganya dengan kerja ja Mik..soalnya kalo kerja masih aman mental paling pusing mikir kerjaan ja baba.. aku percaya nasib cinta itu kaya permainan video - ada kontrol di karakter kita, tapi kadang-kadang ada kejutan di sepanjang jalan wkwk.. jeii... cinta pada pandangan pertama tu kaya makanan ringan yang tidak pernahku harapin takut ga sesuai ekspetasi wkwk”

Adthzh/wwcr/03102023

Based on Adthzh’s premise, being together with daily work as a part-time worker is a decision without the need to question one’s status. Work becomes a space for creation while adding to the coffers as a way of welfare as well as a space for self-empowerment as a free subject. Nevertheless, Adthzh’s thought likens love to a game or like motion pictures in a video that depicts character (Ginting, 2010; Natalia, 2021, 2023; Natalia, Tarantang, & Astiti, 2020; Pahan, 2021). However,
according to researchers, Adthzh's opinion is a thermal, ontological, epistemological reduction space about love which is then reduced only to heartless images. Meanwhile, according to researchers, love itself is an active activity and needs space for experience and self-approval of something that appears in the self as a logical consequence of hope, God and mental state.

CONCLUSION

Based on the thoughts and narrations of Ylchy, Adthzh, Shktztza and Alhgyha as subjects who are standing, worrying, and at the same time worrying about themselves are parts that are related, intertwined and intertwined with the lives of subjects who are predicated as singles to self-existence, activities, feelings, and ability tests to the extent that the subject interacts with the expanse of life impulses, and the light of nature that comes to the subject.

Dignity space in a single status according to researchers as a conclusion to the ability of each research subject to build themselves through their own abilities without the need to be complacent by continuously listening to hoarse or melodious voices that are able to languish in themselves as vulnerable subjects who need to hear and be heard. The space of dignity according to the four research subjects is an integral part of a unique life that is not comparable or incomparable to any status in a person. Whether he is a formal-informal worker, student, dating or married. Dating and not dating are not part of the ability to stigmatize and segregate as a deliberate separation and simplification of conclusions to detect and determine the dignity and fate of single subjects.

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